

👑 寶藏闖關任務 Treasure Hunt Mission

西餐禮儀速成班

Table Manners Master for Little Knights

👤 6-8 位幼稚園學員

🕒 15-20 分鐘任務

禮儀闖關四大核心目標 Four Key Objectives for Young Etiquette Masters



1. 正確坐姿

Sit Straight

背脊挺直像小樹
手肘不放餐桌上



2. 餐具擺放

Table Setting

左叉右刀匙
餐盤放中間



3. 禮貌用餐對話

Polite Phrases

請、謝謝與不用客氣
完整句子表達需求

👑 第一關 Stage 1 (3 分鐘)

👑 皇宮宴會故事導入 Royal Banquet Story Introduction

🐾 化身小紳士與小淑女，協助小熊參加皇宮晚宴！
Become little gentlemen and ladies to guide Little Bear!

✨ 建立皇家儀式感，迅速吸引小朋友專注力。
Build royal banquet immersion to engage kids instantly.

👏 全體拍手齊聲宣言：「我們準備好了！」
Clap hands together: "We are ready!"



📖 第二關 Stage 2 (3 分鐘)

✨ 坐姿三不原則 Three Rules of Dining Posture

🌲 背脊挺直像小樹：保持端正自信態度。
Sit up straight like a little tree.

🚫 手肘不可放在餐桌上：雙手優雅放兩旁。
Keep elbows off the dining table.

👣 雙腳踩好地面：身體不晃動專心用餐。
Keep feet flat on the floor without swinging.



✂️ 第二關 Stage 2 (4 分鐘)

✨ 神奇餐具擺放口訣 Magic Tableware Placement Mnemonic

「左叉、右刀匙，餐盤放中間！」

"Left Fork, Right Knife & Spoon, Plate in the Middle!"



水杯放右上方：拿取順手不弄翻。

Place water glass at the top-right corner.



導師帶領邊拍手邊念口訣 2-3 次，強化記憶！

Chant together 2-3 times with clapping!



🔍 第三關 Stage 3 (5-7 分鐘)

🔍 實操與擺錯大偵探
遊戲

Hands-on Practice & Spot-the-Mistake Game

👤 回合一：個人動手擺放

Round 1: Individual Practice with real placemat & cutlery.

👥 回合二：擺錯大偵探遊戲

Round 2: Spot-the-Mistake Game (Kids close eyes 3s).

✅ 學員找出導師刻意擺錯的地方並動手更正！

Spot the wrong placements and correct them promptly!



👕 第四關 Stage 4 (3 分鐘)

🍷 餐巾用法與禮貌習慣 Napkin Placement & Dining Etiquette

- ✓ 餐巾對折優雅鋪在大腿上。
Unfold napkin and place smoothly on your lap.

- ⚠ 溫馨提醒：餐巾擦口手，不可圍在脖子上！
Reminder: Napkins go on lap, not around the neck!

- 🪑 暫時離座時：整齊放於椅面上。
When leaving table: Place neatly on chair seat.



🗣️ 第四關 Stage 4 (4 分鐘)

🗣️ 禮貌對話全句練習 Polite Dialogue Practice (Full Sentences)

🗣️ 例句一：請求傳遞 REQUESTING ITEM

「請幫我拿水杯，謝謝你。」

"Please pass me the water glass. Thank you."

🗣️ 例句二：禮貌詢問 ASKING POLITELY

「請問可以把麵包遞給我嗎？」

"Could you please pass me the bread?"

🗣️ 例句三：表達感謝 RESPONDING

「好的，非常謝謝你！」 / 「不用客氣！」

"Thank you very much!" / "You're welcome!"

🗣️ 例句四：主動分享 OFFERING SHARE

「請問你需要一些麵包嗎？」

"Would you like some bread?"

🏆 第五關 Stage 5 (2 分鐘)

🌟 任務完成與頒發印章 Mission Complete & Stamp Award



總結宣誓：回家用餐也要保持禮貌！

Final Oath: Be polite gentlemen & ladies at home too!



獲頒「禮儀大師尋寶印章」與肯定！

Receive the official "Etiquette Master Stamp"!



Image Sources



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